



Shake, Rattle & Roll



Shake, Rattle and Roll is an adapted dance program tailored to individuals with disabilities who love to dance, socialize and meet new people.

Whether you want to SHAKE and RATTLE your body
or simply ROLL with laughter,
Wednesday evenings at the Carrillo Recreation Center dance studio is the
place to be!

Enrolling NOW for fall & winter sessions!

Time: 4:30-5:30pm

Location: 100 E. Carrillo Street, 93101

Fall session (code 15803): 10/5–12/14

Fee: \$31.00 (11 classes), \$4.00 drop in

Winter session 2 (code 15804): 1/4-3/28

Fee: \$40.00 (13 classes), \$4.00 drop in

Funky and fun themed classes that will really knock your
socks off instructed by Chanel Pepper!



CITY OF SANTA BARBARA
Parks & Recreation
Enriching People's Lives

Adapted Programs (805) 564-5421